

# AQUATICS

## SUMMER 2021 PROGRAM GUIDE

### Aquatics Guidelines

- Members must limit their personal items. All personal items must be locked in a locker.
- Lap Lane usage must be reserved via KrocSales

### Need-To-Know Guidelines

- The Kroc Center will remain open for Members only.
- Face coverings will no longer be required for fully vaccinated individuals inside the Kroc Center. A person is considered “fully vaccinated” two weeks after receiving their final vaccine dose. Face coverings are still required indoors for all other individuals.
- As always, anyone with a reason to believe they may have COVID-19 should stay home;
- As a community center, it is important that we all work together to follow these guidelines in the interest of keeping everyone healthy. We appreciate your cooperation and continued support of the Kroc Center!



### Special Dates

May 31, Memorial Day  
6am - 12pm

June 28  
Summer Day Camp Begins

July 4  
CLOSED

August 5  
Early Closure at 7pm

September 6, Labor Day  
6am - 12pm

### Building Hours

M-F / 6AM - 9PM

SAT 8AM - 7PM | SUN 1PM - 6PM

[KrocHamptonRoads.org](http://KrocHamptonRoads.org)

# Aquatics Schedule

## June 21 - August 8

The pool will close the last 15 minutes of each session for cleaning.

Monday Wednesday Friday	LAP LANES (LL) OPEN SWIM (OS)	LAZY RIVER	BEACHFRONT	SLIDE
6:00 - 7:00 AM	Lap Lanes	OPEN	CLOSED	
7:00 - 8:00 AM	Lap Lanes	OPEN	CLOSED	
8:00 - 10:00 AM	CLOSED	OPEN	CLOSED	
10:00 AM - 12:00 PM	OPEN SWIM			
12:00 - 2:00 PM	OPEN SWIM			
2:00 - 4:00 PM	CLOSED FOR DAYCAMP			
4:00 - 6:00 PM	OPEN SWIM			
6:00 - 8:00 PM	OPEN SWIM			
Tuesday Thursday	LAP LANES (LL) OPEN SWIM (OS)	LAZY RIVER	BEACHFRONT	SLIDE
6:00 - 7:00 AM	Lap Lanes	OPEN	CLOSED	
7:00 - 8:00 AM	Lap Lanes	OPEN	CLOSED	
8:00 - 10:00 AM	CLOSED	OPEN	CLOSED	
10:00 AM - 12:00 PM	OPEN SWIM			
12:00 - 2:00 PM	OPEN SWIM			
2:00 - 4:00 PM	CLOSED FOR DAYCAMP			
4:00 - 6:00 PM	OPEN SWIM			
6:00 - 8:00 PM	CLOSED	OPEN	CLOSED	
Saturday	LAP LANES (LL) OPEN SWIM (OS)	LAZY RIVER	BEACHFRONT	SLIDE
8:00 - 9:00 AM	Lap Lanes	OPEN	CLOSED	
9:00 - 11:00 AM	CLOSED	OPEN	CLOSED	
11:00 AM - 1:00 PM	OPEN SWIM			
1:00 - 3:00 PM	OPEN SWIM			
3:00 - 5:00 PM	OPEN SWIM			
5:00 - 6:00 PM	Lap Lanes	OPEN	CLOSED	
Sunday	LAP LANES (LL) OPEN SWIM (OS)	LAZY RIVER	BEACHFRONT	SLIDE
1:00 - 3:00 PM	OPEN SWIM			
3:00 - 5:00 PM	OPEN SWIM			

# Swim Lessons

Lessons are taught under the guidelines and instruction of the American Red Cross. Make up classes are offered for classes cancelled due to inclement weather or maintenance issues **ONLY**.

\$30 per session

## Groups

### Pre-School

Ages 3-5 (adult participating in water)

### American Red Cross Learn to Swim (ARC LTS)

Ages 5 - 15

Students are evaluated and placed in a class according to their demonstratable abilities.

### Adults

Ages 15+

## Dates & Times

July 10 - 31

9-9:45am	Preschool, Adults
10-10:45am	ARC LTS

August 7-28

9-9:45am	Preschool, Adults
10-10:45am	ARC LTS

## Water Walking Club

Join other Kroc Center members as we walk the 510 miles of Virginia in our very own Lazy River. Record your individual miles on our map for prizes along the way.

Check with our Aquatics Staff for more details!

QUESTIONS???

PHONE: 757-622-KROC x 64361

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ONLINE AT: [KrocHamptonRoads.org](http://KrocHamptonRoads.org)



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